

SEBASTOPOL AREA TIME BANK

Building Community One Hour at a Time

May/June 2023 Newsletter

Recently

we helped each other

Rides: medical appointments,
errands

Visits

Organizing: freezer, carport

Tech support, data entry

Car detailing

Building a little, free library

Helping with move

Picture hanging

Making gift truffles

Creating a duvet cover

Hemming jeans

Saving The Day

Tomato Kissing

Administration: new SATB website, software update, May event
Crafting flowers for the Apple Blossom Parade for our nonprofit member,
Sebastopol Downtown Association

Everyone
has **something** to
offer!



KISS MY TOMATOES!

Hold on to your hats, folks, because another pulse-pounding chapter in the thrill-a-minute world of *Time Bankers in Action* is coming right up!

But first . . .

You must remember the palpable excitement when Laurie and Beth first conspired via SATB to de-clutter Beth's home art studio.

And who can ever forget the moment when Jesada and Michael took their first cautious bites of the lemon pie that Tong had so assiduously taught them to make, and it turned out to be . . . delicious!

Or this heart-stopper -- when David cracked the back of his "head," and it took Liz from the SATB to come up with a solution that not only saved the day, but his "head" had never looked better.

It's hard to believe that this month's featured exchange called, "Kiss My Tomatoes," could possibly be even more of a thriller, but you just wait . . . and don't touch that dial!

Patty's side of the story

Well, it wasn't the absolute end of the world, but pretty close to it.

I had just planted my prize tomato babies when I had to go away, and it looked like the weather was going to turn hot. As in HOT.

"My babies," I cried. "They have such tender roots. They will fry. They will die." I started planning funerals and grief counseling. But then Leta appeared like an angel without wings (probably left them in her closet).

"I'll take care of your babies and love them every day." Which she did and they are now teenagers and healthy as horses.

Thank you, Leta!



One of Patty's horse-healthy teenagers

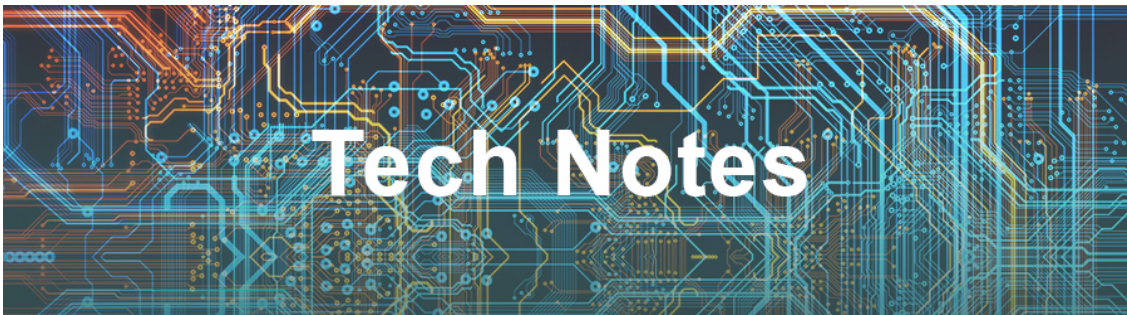
Leta's side of the story

I had not made an exchange in a very long time when Patty asked me to "tend her tomato babies."

My rewards? I got back in touch with Time Bank and the new changes (inspiring) and I saw Patty absolutely light up when she saw they'd all managed to survive.

A surprise bonus - I went away with a heap of knock-your-socks-off home grown lettuce for dinner!

*Michael D. Fels
Feature Writer*



New SATB Website Software, Part 3

In a previous newsletter, we mentioned that your Timebank will be using new website software on May 1, 2023. That date has been pushed back while the developers address some migration issues.

In the meantime, I would like to tell you what to expect on your first login to the new software. All your Timebank information will have been previously transferred to the new system, *except* your password. Each member will receive an email containing a link to a service that will allow the creation of a new password. The email address will be the same address that was your User ID for the previous software version.

Clicking or tapping on the link will take you to a page where you can enter the new password. (A new password is necessary because the rules for constructing a password are more stringent for the new website than for our existing website.) After creating a new password, you can use it to sign in. You must create your new password *before* attempting to log in to the new website.

Here are the rules for creating a password on the new system:

- Must be at least 6 characters in length
- Must contain at least 1 numeral (0 – 9)
- Must contain at least 1 uppercase letter (A – Z)
- Must contain at least 1 lowercase letter (a – z)
- Can contain special characters, including the space character

Tip for creating a strong password: Consider using a pass phrase that meets the criteria, instead of just a single word.

For example: **I love Sebastopol 123!**

It meets the criteria, it's easy to remember, and it's very difficult to guess.

Below is a graphic which shows the **Sign In** page for the new Timebank website. When presented with this page on your browser, fill in your email address and your new password, and you're good to go!

Steve Bursch
Tech Coordinator



Sign in

Enter your email address or username



Email address or username

Enter your password



Type your password here

Show

Sign in

Forgot password

Don't have an account? [Register here.](#)

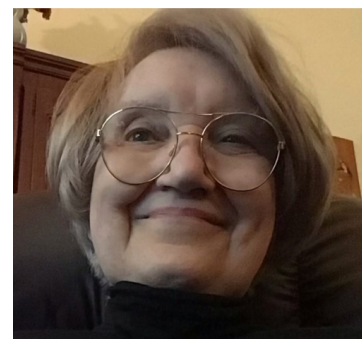
New Member Spotlight



Judy Rice

Time Bank talents:

Writing/editing, dining out companion, business organizing and presentations, home housekeeping/chores, and voice-overs.



Let's tie together a favorite pub in London, roasted chestnuts on the shores of Lake Geneva, historical sites in Iran and a serene view of the Congo River and the

struggle for human rights. Their common denominator is one of our newer Time Bank Members – Judy Rice.

Judy was born in Detroit, but in her 20's turned a quick trip to Europe into a 10-year adventure working for the United Nations in Switzerland, Iran, and the Congo. When she returned to the States, she pursued a career in aerospace until she moved to Sebastopol where she worked consulting and teaching management, communications skills, and team building (the subject of a successful book).

Over the years Judy has been involved in a variety of local volunteer positions from the Assistant Dog Institute and our local libraries to her first love, the Commission on Human Rights which she chaired for seven years. Currently she is chairing the Advisory Council of the Area Agency on Aging. She's available to help you sharpen your public speaking skills, assist with a writing project, or work out management problems in organizations private or public, commercial or non-profit.

Judy loves Sebastopol, although she often yearns for the sleepy small town she first encountered when she arrived more than 25 years ago. She admits to being addicted to the goodies available locally at Pascaline and shares her home with a mass of white fluff otherwise identified as a rescue cat named Bunny.

Admin Note: We're delighted to have Judy in the Time Bank (and writing our Spotlight articles!) and members can get to know her by clicking on [Judy's profile](#) on our website.

*Judy Rice
Feature Writer*



SATB Picnic: Our annual picnic will take place on Sunday, July 9, at 12 noon at Ragle Ranch Regional Park in the Gazebo Picnic Area. To learn more, email events@sebastopoltimebank.org.

Sebastopol Walks: SAVE THE DATE – Saturday, September 30, at 9 a.m. – as SATB leads the Sebastopol Walk “Time Out With Sebastopol Area Time Bank”. <https://ci.sebastopol.ca.us/Our-Community/Growth-Sustainability/Walk-Sebastopol>

Not A Member? Want To Join? Go to www.sebastopoltimebank.org, read the requirements for membership, and click on "APPLY FOR MEMBERSHIP".

Calling All “Young” Adults. A great majority of our time bank members are "elders", and that shouldn't be. We're an organization serving the **entire** Sebastopol Area adult community and we need younger members, too. They have incredible and unique talents to offer, and they would derive great benefit from the members who are ... older and wiser! Do you have children (or know young people) living nearby? Please forward this newsletter to them and ask them to check us out and become part of OUR community? It's a great way to give AND receive. BONUS for members: If “your young person” joins SATB, we’ll thank you by adding 10 hours to your account!

New Member Software: By the time you read this, our new member software should be available to see. It's got a great user interface to make time banking easier and better than ever. Check it out! www.sebastopolarea.timebanks.org

David Gill
Administrative Coordinator

[Read all of our past newsletters in our archive](#)



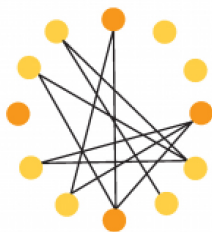
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Forward to a friend



Our Core Values

- Everyone is an asset. Everyone has something to contribute.
- Everyone merits respect.
- All work is equally valued.
- We promote both giving AND receiving.
- Networks are stronger than individuals and build local resilience.

When you become a member of the Time Bank, you agree to these core values as well as our Terms of Service.

- David Gill*: Administrative Coordinator, admin@sebastopoltimebank.org
- Steve Bursch*: Tech Coordinator, tech@sebastopoltimebank.org

- Angela Ford*: Member Relations Coordinator, memberrelations@sebastopoltimebank.org
- Deb Ward*: Events Coordinator, events@sebastopoltimebank.org
- Marty Roberts: Social Media and Photographer

*SATB admin team

Wendy Dayton: Newsletter Publisher



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