

SEBASTOPOL AREA TIME BANK

Building Community One Hour at a Time

January/February 2023 Newsletter



How we helped each other

R E C E N T L Y

Tech help: internet, networking,
gmail labels, iphone, website design

Rides to airport, medical
appointments, in town and
to/from Marin County

Teaching: cutting men's hair,
tracking personal finance,
life coaching

Making holiday food gifts
Running errands
Making a video of Balkan dance/music

Planning and volunteering at the
Repair Cafe
with our nonprofit partners,
Chimera and Zero Waste Action

Time Bank Success Story



Laurie and Beth could have met at the Sebastopol Farmers' Market or on a hike through the Laguna de Santa Rosa, but instead, their paths crossed on the Sebastopol Area Time Bank (SATB) website.

Beth is an artist who has lived in Sebastopol for enough years to have filled her garage/studio with her artwork, art supplies and materials. She and her husband had decided to convert the studio into an ADU (Accessory Dwelling Unit), but first things first! Before work on the conversion could start, the studio needed to be emptied and that meant the studio needed to be organized.

Creative types are purportedly right-brain dominant. So, if the right-brain/left-brain distinction means anything, it's possible that Beth's artistic abilities outweigh her organizational skills. With a nod to her strengths and weaknesses (plus, a little help is always good), Beth turned to the SATB.



Enter Laurie, a relative newcomer to Sebastopol, who brought to SATB her own wide array of interests and abilities. One of these abilities is (you guessed it!) organizing! Laurie responded to Beth's request for help and between Laurie's (presumably) artistic, right-dominant brain and Beth's (presumably) organization-rich, left-dominant brain they became a perfect team.

Laurie says, "It was really nice spending time with Beth on this project. I got to see the world of an artist and how she transformed everyday items to art. For Beth, everything has potential to create art. It was great to see the progress as we worked, especially as we started to see more and more boxes packed, and more empty space start to show in the studio. The moment we were able to empty the main room, take down a center table and sweep the floor was super satisfying, so much so that I asked if I could come back and help the next day!"

And for Beth's part: "Laurie offered suggestions about how to organize and part with stuff. She emptied cupboards and drawers of supplies and tools so that the plumbing and electrical and carpentry work could begin. She worked packing up with me for several hours; it was so helpful!"

Sounds nice, right? It is!

And it needn't be complicated to mean a lot!

It's the magic of the Sebastopol Area Time Bank.

*Michael D. Fels
Feature Writer*

Repair Café is a Great Collaboration

Take one part Sebastopol Area Time Bank and one part Chimera Arts and Maker Space and one part Zero Waste Action. Mix in fixers, task managers, monitors, greeters, and organizers. Sprinkle with treats from Community Market and Retrograde Coffee. Stir it all up on a beautiful Saturday in January, and you have a wonderful community event helping both members and the community get items fixed up at the Repair Café!

Lamps, clocks, mixers, vacuums, jewelry, bicycles, flashlights, electric razors, radios, rock tumblers, and more. Oh, my! Let's let pictures tell the rest of the story:

David Gill
Administrative Coordinator

Marty Roberts
Photographer





New Member Spotlight



Pamela Gentry

Time Bank talents:

Crafts (Beading), Clerical projects (Data Entry, Filing), Cooking, Sewing, Help with Garage Sales, Transportation (Medical, Airport, Shopping, Worship), Dining Out, Home Visits, Help with Time Bank and Community Events.



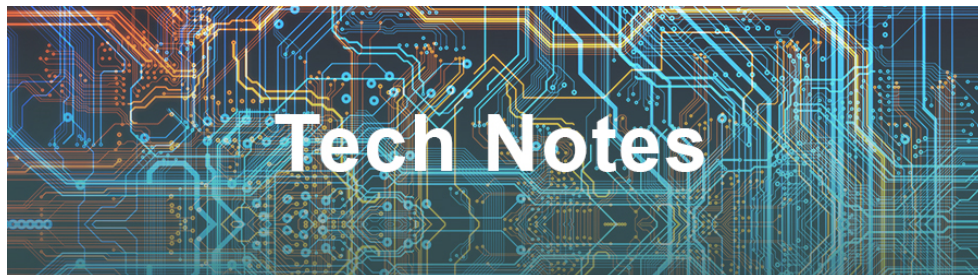
This month we shine our New Member Spotlight on Pamela “Pam” Gentry. Born in Nyack, NY, Pam attended school at McGill University in Montreal and has lived in a variety of places including Iowa, Oregon, and a couple of different California locations. She’s been with us in Sebastopol for almost eight years, lives at the Fircrest Mobile Home Park and calls our little corner of Sonoma County “the best town I have ever lived in!”

Pam’s background includes teaching special education, social work and a variety of administrative duties. She enjoys gardening, cooking, volunteering, reading, kayaking, traveling, and listening to classical music and folk rock from the 60’s and 70’s. She has a special interest in beading and frequents craft shows both to enjoy what’s offered and to display and sell her own work.

The above “talent” list is only a portion of what Pam brings to the Time Bank. We’re delighted to welcome her and look forward to getting to know her better.

If you are a member of the Sebastopol Area Time Bank, you can find out more by clicking on [Pam’s profile](#) on our website.

*Judy Rice
Feature Writer*



New SATB Member Website Software

The developers of our SATB member website software have recently announced that a major new version of that software will soon be available for Timebank organizations throughout the United States including ours here in Sebastopol. Our Tech Team has seen a demonstration of the new software and found both positives and negatives. We’ve given feedback to the developers and are awaiting a response.

Before releasing the new software for general use by our membership, however, our Tech Team will thoroughly test its functionality. Subsequent to that process, we will offer training sessions to the membership to introduce the new software’s look-and-feel. How long we’ll offer these training sessions will depend on the feedback we get from those who participate in them. Finally, we will say goodbye to the old website, and “go live” with the new version.

We realize that making a change like this can be intimidating and anxiety-producing, so our goal is to make the transition to the new software as painless and trouble-free as possible. You can help by signing up for a training session when we begin offering them.

While the new website software has been announced, the date of its release to the public has not. The developers anticipate that it will be in the spring of 2023. We'll keep you posted. Watch this space...

Steve Bursch
Tech Coordinator



Sebastopol Senior Center presentation: Learn about SATB on Wednesday, March 15, at 2:15 p.m.
<https://www.sebastopolseniorcenter.org/workshops-upcoming/2023/1/24/sebastopol-area-time-bank>

Sebastopol Walks: Join as on Saturday, September 30, at 9 a.m. as SATB leads the Sebastopol Walk "Time Out With Sebastopol Area Time Bank". <https://ci.sebastopol.ca.us/Our-Community/Growth-Sustainability/Walk-Sebastopol>

Calling All "Young" Adults. A great majority of our time bank members are "elders", and that shouldn't be. We're an organization serving the **entire** Sebastopol Area adult community and we need younger members, too. They have incredible and unique talents to offer, and they would derive great benefit from the members who are ... older and wiser! Do you have children (or know young people) living nearby? Please forward this newsletter to them and ask them to check us out and become part of OUR community? It's a great way to give AND receive. BONUS for members: If "your young person" joins SATB, we'll thank you by adding 5 hours to your account!

Not A Member? Want To Join? Go to www.sebastopolarea.timebanks.org and click on "Join". To become a member, you need to: be 18 or older, call Sebastopol home and live in West County, attend an orientation session, and show a photo ID, and agree to our terms of service.

David Gill
Administrative Coordinator Leader

[Read all of our past newsletters in our archive](#)



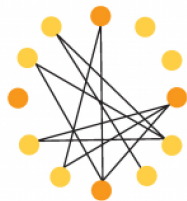
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Our Core Values

- Everyone is an asset. Everyone has something to contribute.
- Everyone merits respect.
- All work is equally valued.
- We promote both giving AND receiving.
- Networks are stronger than individuals and build local resilience.

When you become a member of the Time Bank, you agree to these core values as well as our Terms of Service.

- David Gill*: Administrative Coordinator, admin@sebastopoltimebank.org
- Steve Bursch*: Tech Coordinator, tech@sebastopoltimebank.org
- Angela Ford*: Member Relations Coordinator, memberrelations@sebastopoltimebank.org
- Deb Ward*: Events Coordinator, events@sebastopoltimebank.org
- Marty Roberts: Social Media and Photographer

*SATB admin team

[Wendy Dayton](#): Newsletter Publisher



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